



# MEDITATING ON PROVERBS

Select a Proverb & read it 3-5 times

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## Clarify the Meaning

Since proverbs can sometimes use poetic language, it is helpful to restate the proverb in your own words to clarify the meaning for yourself.

## Meditate on the Past

Think about the past and times when this proverb was true. You may want to start with biblical stories that you can remember and then move into times in your own life when this proverb was true.

## Test the Limits

Sometimes there are limits to the application of a proverb. That is, proverbs are often generally true but not universally true. Think about the past (using stories from Scripture, history, and your own life) and identify times when this proverb might not apply or be limited in its application.

## Connect to Christ

How does this proverb help you see Christ and his gracious work in your life more clearly?

## Prayerfully Consider the Future

How can this proverb guide you in the future? What are you doing that you could change or should continue? Offer these future action steps to God in prayer.

## Reading Challenge

- Week 1: Proverbs 1-5
- Week 2: Proverbs 6-10
- Week 3: Proverbs 11-15
- Week 4: Proverbs 16-20
- Week 5: Proverbs 21-25
- Week 6: Proverbs 26-31



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 **Clarify**

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 **Meditate**

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 **Test**

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 **Connect**

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 **Consider**

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